

Welcome to Frog Hollow Racquet Club! We are excited that you have selected us to be a part of your tennis playing experience. These materials are designed to give you information about Frog Hollow procedures and guide you through our various options for lessons, programs, camps, contracts, leagues and teams. For more details on our club's policies, please refer to our club rules which can be found on our web site or posted throughout the club. We are a full service facility and have something to help serve all the tennis needs for you and your family!

### Staff

Our staff has more than 250 years combined competitive playing and teaching experience. Our Pros are PTR/USPTA certified instructors and the majority of our staff is trained to coach special needs populations. All of our staff enjoys working with children and adults, and are dedicated to helping tennis players reach their full potential. Our world-class exposure and experience enhance the quality of each player's understanding of the game of tennis.

### Lessons

Frog Hollow offers private lessons or semi-private lessons for players who want individual instruction or have their own specific group of people they want to take lessons with. Private lessons are an excellent way to work on a particular area of your game. Times and fees are arranged on an individual basis and can be booked up to 2 weeks in advance. If you are interested in setting up a private lesson, simply call or stop by the club and set up a time directly with one of our pros. If you do not have a particular pro that you would like to play with, ask our front desk staff and they would be happy to find a pro to set something up with you directly based upon your mutual availability.


### Adult Clinics

Frog Hollow offers clinics (group lessons of 4 - 8 players) for adults of all levels. Clinics range from players new or returning to the game all the way to advanced and tournament level players. In our lobby, a bulletin board displays our weekly clinics and sign up sheets. To sign up for a clinic, just call or stop by the club to sign your name on the clinic of your choice up to a week in advance. **Remember**, if you sign up in a SUB spot, this means you are a substitute for a full clinic and will only play if someone from Frog Hollow calls you to let you know that room has been made available in that clinic. If you are signed up in one of the regular spots on the sign up sheet, you just have to show up on the day and time of your clinic and pay before you go onto the court. Our clinics have a 4-person minimum; if we do not meet that minimum you will be contacted the evening before your clinic is scheduled to run and you will be offered a private or semi-private lesson instead. If you are unsure what level clinic to sign up for, speak to one of our pros or sign up for a **FREE** evaluation.

### Junior Clinics

Frog Hollow offers clinics for children ages 4 - 18 of all ability levels. Our clinics run in 6-week session cycles (or in the spring/summer 5-week session cycles). You can sign up for the session, or simply "drop in" on a clinic when it's convenient. **Remember** that full session sign ups are the only spots that are reserved. Drop ins pay on the day they come and do not have a reserved spot in the clinic. Beginner players are placed in a clinic based on their age, while players with tennis experience are placed by ability level. If you are unsure what level clinic to sign up for, speak to one of our pros or sign up for a **FREE** evaluation. **Make-ups:** We realize that signing up for a full session is a commitment and we give you a discount over the daily rate for just that reason. We also allow 1 make up - excluding match play - per session (and yes, only 1 is allowed). A make up must be completed in the same session that the clinic was missed and must inform us when you will miss *and* schedule when you want to make up in advance. We are careful to maintain a low pro to student ratio in each class, and monitoring our make-ups closely allows us to do that. **New Session Sign Ups:** We allow players who are enrolled in our current session to sign up for the same clinic 3 weeks prior to the next session. New players, or players who wish to change days, may sign up 2 weeks in advance. *Please* make sure to read our full program policies (available in our brochure, session schedules and online) before committing to any junior programs. *Don't forget to ask about our multiple clinic discount!*

## Camps

Frog Hollow offers summer camp for junior players ages 4 – 18 where players not only have fun and spend time with friends – they learn and improve their tennis game! From Quickstart camp for players 10 and under, Junior Camp for beginner to intermediate, and a High Performance Camp or High School Camp for high to advance level players - Frog Hollow Camp has something for everyone! Plus, throughout the year we host special Holiday Camps like Turkey Tennis Camp and Christmas/Hanukah Holiday Camp. Our camps  are a great way for players to meet friends and have fun while taking their game to the next level!


## Contracts

Would you like to have a tennis court on a fixed day and at a fixed time? Frog Hollow Racquet Club offers tennis contracts to meet your needs! Book a contract court for the entire indoor season and you will have your own court at a time that suits you. Whether you want to play singles or doubles on that court, or take a lesson from one of our pros, it's up to you. Contracts are a great time to get together with friends to play and have fun!

## Adult Leagues & Teams

Are you interested in competitive play? Frog Hollow has competitive leagues and teams for all levels of players. We have an in-house league for social and fun matches and we have Bux-Mont, USTA and CUP leagues for more serious competition. We also offer a “Flex League” for players who want to compete but are unable to commit to a particular time or day. Whatever kind of competition you’re looking for, we have something to offer you! All players must be Frog Hollow members to participate in our leagues.

## Court Rentals

Frog Hollow rents courts out to both members and non-member of the club so you can get on the court and hit with a friend, play a match, practice serves, even rent our ball machine! We have two court surfaces: inside we have three hard courts and three har-tru (American clay) courts and outside we have 5 har-tru courts (American clay) for your convenience. Our customers can reserve an “open court time” up to 2 weeks in advance – just give us a call  or stop by! Our court rental rates are based on court surface, time of day and membership status. Players who purchase a “full” membership status can rent courts outside for **FREE - this includes all Junior members!** Call us or visit our web site for our current court rental rates.


## Events

If you’re looking for a great way to celebrate a birthday, graduation or just have some fun – a party at Frog Hollow is a great way to celebrate! We have various party packages for you to choose, or call us and we can customize one to fit your needs.

## Memberships

Frog Hollow is open to the public - you don’t need to be a member to play here. However, purchasing a membership offers you discounted prices on our lessons, clinics and court rentals. We have various membership types to meet your needs. Please stop by or give us a call to sign up or find out more about Frog Hollow memberships.

## Weather & Closings

 Frog Hollow is open 362 days a year – we are closed on New Year’s Day, Christmas Day and Thanksgiving. On other holidays we may close early, or open late. We also will close the club at times due to inclement weather. If the weather or road safety is questionable, please call the club. If we are opening late or closing early, our answering machine will indicate this. If you have pre-paid for a clinic during this time – you will be allowed a make up for the clinic – but it must be done within the session and must be scheduled prior to your make up date. Also, if you have contract time and Frog Hollow closes during your time, we will add a make up day for your group.

*If you have any questions at all – please don’t hesitate to ask -  
we are happy to help you! Welcome to Frog Hollow!*

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